

Speaker, Adria Firestone, opens your attendees' hearts with her award-winning voice in song, ignites the refining fire of transformation with her words, and inspires her listeners to action long after the applause dies down.

# Adria Firestone

## You Are the Artist of Your Life

As a certified Rapid Results Coach, Adria empowers her clients worldwide to design fulfilling lives, navigate career transitions, uplevel leadership and presentation skills, neutralize fear, and cultivate confidence and resilience.

Award-winning Singer/Actor | Bestselling Author | TMRT Facilitator



## TOPICS: KEYNOTES, WORKSHOPS, TRAININGS, RETREATS

### YOU ARE THE ARTIST OF YOUR LIFE: DESIGN YOUR MASTERPIECE

- Embrace your inner rebel; live on your terms.
- Shatter societal expectations; respect your true self.
- Unleash your unique gifts; create the life you desire.

Through riveting stories and actionable insights, Adria Firestone will inspire your audience to step into their authentic selves and design a life that truly lights them up.

### CHARISMA IS NOT A GIFT FROM THE GODS - IT'S A SKILL YOU CAN MASTER

- Learn to channel your presence to captivate any room.
- Decode your body language: what's *your* body saying?
- Master the art of speaking with impact & command.

Charisma isn't reserved for the lucky few - it's a skill anyone can learn. Adria Firestone will show your audience how to align their appearance, voice, and actions to unleash their true charismatic potential.

### MAKE SPACE FOR THE LIFE OF YOUR DREAMS

Downsized? Are you retiring, divorced or widowed? It's time to clear your stuff and change your life. Release what no longer serves you. Reframe the transition from one stage of life to another and focus on designing a fulfilling new chapter. Clear the way to vibrant health for mind, body and spirit.



Adria is a master speaker, singer and magical storyteller. She is authentic, transforms her listeners, and combines common sense and a warm, engaging sense of humor that fuses into a perfectly nuanced package.

**Michael Hirsch, Director | Actor | Composer**



Adria is as powerful as a Category 4 hurricane but comes at you like gentle rain.

**Grace Valdes Hexter, Psychotherapist | LCSW**



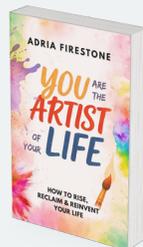
Adria is a force of nature. She is multi-talented and brilliant at communicating with and inspiring an audience in a darkened theater, a student master class, or a professional boardroom.

**John Hoomes, Gen. Director, Nashville Opera**



I am speechless! I have often felt as if I am living someone else's life. After this talk, I truly realized it's MY life. Your personal life examples are great inspiration and I want to hear more, much more...

**Natalya Brook, Proj. Manager, WCGMedAvante**



[youaretheartistofyourlife](http://youaretheartistofyourlife.com)

[adriafirestone.com](http://adriafirestone.com)

email: [adria@adriafirestone.com](mailto:adria@adriafirestone.com)

mobile: +1 973 454-6411

[Linkedin.com/in/adriafirestone](https://www.linkedin.com/in/adriafirestone)

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